

Starters

Halloumi and Quinoa Salad (g) €13

Baby leaves, Red cabbage, Carrots, Mixed Peppers, Pumpkins Seeds, Lemon & Olive Oil Dressing

House Made Falafel (c) €12

Roasted Carrot Hummus, Grilled Red Peppers, Pickled Red Onion, Mary's Leaves on Real Bread Killarney Sourdough (1 wheat)

Mains

Bulgur, Red Lentil & Pistachio Cake €14

Roasted Chickpeas, Kale, Red Peppers, Spicy Zhoogh Sauce, Coriander Yoghurt & Date Jam (8 pistachio)

Roasted Cauliflower Tostada €14

Black Bean & Black Olive Hummus, Pomegranate Seeds, Black Garlic & Siracha Dressing (8 Almond 11 sesame seed)

Desserts

Chocolate + Coconut Bounty Bar €7

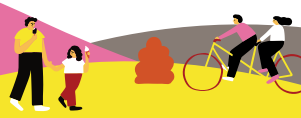
Raspberry Coulis & Muckross Creamery Vanilla Ice Cream (6 Soybeans)

Apple + Blackberry Crumble €7

Raspberry Coulis & Muckross Creamery Vanilla Ice cream (1 wheat)



Allergens

- (c) coeliac adaptable (please advise your server)
 - (g) gluten free
 - (n) contains traces of nuts
 - (v) vegetarian
 - (v-adapt) vegetarian adaptable (please advise your server)
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ROSS